

花蓮地區大學生性知識、性態度及性行為之性別差異研究

郭德貞、黃莉雯、陳稜芳、邱子芸、蕭雙怡、曾昭純、沈瑋華

慈濟技術學院醫務管理系、壠新醫院總務處事務課、慈濟醫院台北分院人力資源室、慈濟醫院醫事室、慈濟醫院台中分院放射科

摘要

本研究目的在於瞭解大學生性知識、性態度及性行為的性別差異。研究母群體為花蓮縣日間部一至四年級大學生（含大學及技術學院），採用分層集束抽樣，共發放 1520 份問卷，回收問卷 1342 份，有效問卷 1099 份，問卷回收率為 88.3%。研究結果得知花蓮地區大學生性知識答對率為 88.1%，女性性知識分數高於男性，男性性態度較女性開放，女性對同性戀的態度較男性開放。發生性行為之比率為 26.3%，男生為 32.9%，女性 21.9%，男性顯著高於女性。男女性首次發生性行為均以高中職時期為最多，且男性多於女性。42.2%者每次都有採用避孕，女性使用率較男性為高。一旦懷孕，男女性均以選擇墮胎處理為最多，女性較男性不願讓雙方父母知道懷孕的事。

本研究建議高中職及大學院校均應加強避孕的衛教，並可依性別進行同儕團體間的討論，可應用同學互動以傳導正確的性知識、性態度與安全的性行為預防措施，並善加利用大眾媒體傳播正確的性知識與性態度，以確保安全性行為的發生。

關鍵字：性知識、性態度、性行為、大學生、性別

Behavior Among College Students in Hualien

De-Jhen Kuo 、 Li-Wen Huang 、 Ling-Fang Chen 、 Tz-Yun Chiou 、 Jao-Chuen Tzeng 、 Chuang-Yi Shiao 、 Wei-Hua Shen

Department of Health Administration, Tzu-Chi College of Technology 、 Department of General Affairs, Li Shin Hospital 、 Department of Human Resource, Tzu Chi Taipei Branch Hospital 、 Department of Medical Affairs, Hualien Tzu Chi Medical Center

Abstract

The purpose of this study was to explore the gender differences among college students regarding sexual knowledge, sexual attitudes and sexual behaviors. The participants were the college students in Hualien. Stratified cluster sampling method was used for data collection. 1520 questionnaires were sent, and 1342 were returned. Given the response rate was 88.3%. Of those, 1099 copies were valid.

Result found that the accuracy rate for sexual knowledge was 88.1%. The females students tended to score higher than the male students. The male's sexual attitudes were more open than females. Homosexuality was more accepted by the females. 32.9% males and 21.9% females, with the average of 26.3%, had sexual experiences. Senior high-school age was reported to have the first time intercourse. Male students were more active than female students. 42.2% participants used contraception when they had sex. Females used contraception more often than males. Abortion was chosen when the females got pregnant. Males tended to uncover the pregnant issue than females.

We suggested the senior high schools and universities should educate their students more about contraception. The gender peer groups and mass media could be used as the way to disseminate accurate sexual knowledge, attitudes and behaviors.

Keywords : sexual knowledge, sexual attitude, sexual behavior, college students ,gender