### 學生社團經歷對品德及學業成績之影響

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### 摘要

社團活動為培養學生多元能力之有效活動,可提升學生自我生命價值與利他精神,並提高學生的學習成就,本研究之探討某科技 大學學生參與社團經驗之概況,社團經驗對品德教育及學習成就相關指標之影響。分析 105 學年度 -109 學年度學生參與社團活動經 歷、智育及德育成績、志工時數等資料。本研究結果可知,擔任社長的學生有較佳的品德表現及較高的學習成就。擔任社團幹部者有 較多的服務性社團活動和志工活動時數,更願意成為手心向下的利他者。根據文獻資料與研究發現,建議學務單位應鼓勵學生應積極 參與校園社團,爭取擔任幹部以深化品德教育及利他精神。

關鍵字:社團幹部、志工時數、學業成績、德育成績

# The Effects of Extracurricular Involvement on Morality and Academic Performance

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## Abstract

Participating in student clubs is an effective way to cultivate students' multiple abilities. It can enhance students' self-concepts and altruistic minds, and improve students' academic achievements. The purpose of this study is to explore the general situation of students' participation in clubs, and to determine the impact of club experience on moral education and learning achievements. We analyzed the data from 2016-2020 to confirm the correlation between the student's experience of participating in club, achievements of moral education and intellectual development, hours of volunteer work, and frequency to obtain a scholarship. The results showed that students who are very active in clubs, as to be cadres, have better moral performance and higher academic achievement. Club cadres have more hours of volunteer activities, and are more willing to be altruistic as a giver. According to literature references and our findings, we suggested that the student affair section need to put in more effort on encouraging students to participate in student clubs actively in order to deepen moral education and altruistic spirit.

Key words:cadres, volunteer, academic performance, moral education performance